

1

Breakfast for Lunch: Biscuits and Gravy with Sausage
Tater Tots
Grill: Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog
Made to Order: Burger Bar
Grab N Go: Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub
Fresh Fruits and Veggies

2

Early Release Day
Grill: Regular or Spicy Chicken Patty, Fish sandwich, Hot Dog
Made to Order: Taco/Nacho Bar
Grab N Go: Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub
Fresh Fruits and Veggies

3

General Tso's Beef with Vegetables, Yellow Rice
French Fries
Grill: Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog
Made to Order: Burger Bar
Grab N Go: Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub
Fresh Fruits and Veggies

4

Country Popcorn Chicken Bowl, Breadstick
Mashed Potatoes
Grill: Regular or Spicy Chicken Patty, Fish Sandwich, Burger
Made to Order: Taco/Nacho Bar
Grab N Go: Build your Own Pizza Pack, Hard Cooked Egg with Cheese and Crackers, Deli Sub
Fresh Fruits and Veggies

7

Salisbury steak with Brown Gravy Mashed Potatoes
Grill: Regular and Spicy Chicken Patty, Fish Sandwich
Made to Order: Taco/Nacho bar
Grab N Go: Chicken Caesar Salad with Breadstick; Ham and Cheese Cubes with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

8

Sweet and Sour Chicken, Rice, French Fries
Grill: Grill: Regular and Spicy Chicken Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Chicken Caesar Salad with Breadstick; Ham and Cheese Cubes with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

9

Early release Day
Grill: Grill: Regular and Spicy Chicken Patty, Hot Dog, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Chicken Caesar Salad with Breadstick; Ham and Cheese Cubes with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

10

Potato Crusted Fish, Bread Stick Tater Tots
Grill: Grill: Regular and Spicy Chicken Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Chicken Caesar Salad with Breadstick; Ham and Cheese Cubes with Crackers Pack; Deli Sub
Fresh Fruits and Veggies

11

No School

14

Chicken Drumstick with Biscuit Mashed Potatoes
Grill: Spicy or Regular Chicken Patty, Fish Sandwich
Made to Order: Taco/Nacho bar
Grab N Go: Popcorn Chicken salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

15

Chicken parmesan with Pasta and Breadstick
Tater Tots
Grill: Spicy or Regular Chicken Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Popcorn Chicken Salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

16

Early Release Day
Grill: Spicy or Regular Chicken Patty, Fish sandwich
Grab N Go: Popcorn Chicken Salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

17

Vegetarian Fried Rice w/ Egg Roll
Tater Tots
Grill: Chicken Patty, Spicy Chicken Patty, Hot Dog, Fish sandwich
Made to Order: Burger Bar
Grab N Go: Popcorn Chicken Salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

18

Custom Pasta Bar with Breadstick
Mashed Potatoes
Grill: Chicken Patty, Spicy Chicken patty, Burger
Made to Order: Taco/Nacho bar
Grab N Go: Popcorn Chicken salad, Muffin Pack, Deli Sub
Fresh Fruits and Veggies

21

Fish Bites w/ Dinner Roll,
Mashed Potatoes
Grill: Spicy or Regular Chicken Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Cheese and Apple salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

22

Cheese Ravioli with Marinara, Breadstick
French Fries
Grill: Spicy or Regular Chicken Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Cheese and Apple salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

23

Early Release Day
Grill: Spicy or Plain Chic. Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Cheese and Apple salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

24

Breakfast for Lunch: Breakfast Tacos, Cilantro Rice
Tater Tots
Grill: Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog
Made to Order: Burger Bar
Grab N Go: Cheese and Apple salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

25

Cajun Chili Fries, Tortilla Chips
French Fries
Grill: Regular or Spicy Chicken Patty, Fish Sandwich
Made to Order: Taco/Nacho bar
Grab N Go: Cheese and Apple salad, Bagel pack, Deli Sub
Fresh Fruits and Veggies

28

Southwest Meatloaf w/Gravy
Dinner Roll; Mashed Potatoes
Grill: Regular or Spicy Chicken Patty, Fish Sandwich
Made to Order: Taco/Nacho Bar
Grab N Go: Caesar Salad, Pretzel Stick Pack, Deli Sub
Fresh Fruits and Veggies

29

Custom Pasta Bar: Meatballs or Popcorn Chicken, Choice of Sauce
Tater Tots
Grill: Regular or Spicy Chicken Patty, Fish Sandwich
Made to Order: Burger Bar
Grab N Go: Caesar Salad, Pretzel Stick Pack, Deli Sub
Fresh Fruits and Veggies

30

Early release Day
Grill: Regular or Spicy Chicken Patty, Fish Sandwich, Hotdog
Made to Order: Taco/Nacho Bar
Grab N Go: Caesar Salad, Pretzel Stick Pack, Deli Sub
Fresh Fruits and Veggies

31

Disco Fries, Breadstick
French Fries
Grill: Regular or Spicy Chicken Patty, Fish Sandwich, Hot Dog
Made to Order: Burger Bar
Grab N Go: Caesar Salad, Pretzel Stick Pack, Deli Sub
Fresh Fruits and Veggies

CHALLENGE YOURSELF:

KEEP ACTIVE
+ WALK MORE
+ ALL DAY

= A STRONG & FIT YOU

Daily Offerings!

- Fruit & Vegetable Bar
- Cheese & Pepperoni Pizza
- Milk- Skim, Chocolate Skim, Unflavored Skim, Chocolate & Non-Lactose